

Strategies for managing your time and school work

<u>S-SCHEDULE</u>- On Mondays- look at the week ahead. Mark all events in your planner you already know about (sports practice, work shift, club meeting, family obligations).*

M- MAKE TIME to do your work for each class. Plan to do Red day classes after school on Red days; do Blue day classes after school on Blue days.

A- ACTUALLY DO IT! Sit down, phone down, and do the work assigned for each class. Turn it in on time.

R-REACH OUT to your teachers and resources*. Ask them questions or for clarification. They like to help you! Use **SCHOOLOGY** to see your teachers' calendars and to find your work after an absence.

T- TAKE A BREAK- After completing your hw, do something good for you that brings you joy!

<u>S- STAY FOCUSED</u>- We are back to semester-long classes, so keep going! Classes must be completed by the end of the semester. *Also- Keep up with your email by checking it each day.

*Suggested Resources:

- -Google Calendar (app on phone or use chromebook)
- -Paper planner- see your counselor if you need one!
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- -Schoology Calendars
- -Infinite Campus app (for your phone)

- -"REMIND" App (in some classes)
- -NOTES app on your phone
- -Create folders to organize your email